Students or Treatment Professionals Visiting Our Meetings

We would like to welcome you to our meeting. You may be here for learning purposes or to fulfill a class requirement. We invite you to sit and listen. If you have questions, long time members will be willing to help after the meeting. We know you may have no understanding of our principles and Twelve Step fellowships. The portrayals you might have seen on TV or in the media are not always accurate. There may be newer members or someone who has never attended. It is important all members feel safe.

We ask that you:

- Not share the names of anyone in attendance.
- Not share the stories you hear,
- Ask questions after the meeting should you have any,
- Not contribute when the basket is passed, as this would be contradictory to our principle of being self-supporting.

Some meetings offer a copy of reading materials for use during the meeting. You are welcome to read along. Please remember to leave the copy on the table when the meeting closes. Most groups offer newcomer packets. If you feel these materials will be of use to you in the future, you are welcome to keep them. If you feel these materials will not be of use to you, please leave them for others who may need them. We are grateful you are here to learn about our program. We hope you will share what you learn with those you come in contact with who need us. Should you ever be personally affected by the addiction of another we will welcome you back.

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Mission Statement

The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.



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Nar-Anon Family Group Headquarters, Inc. 23110 Crenshaw Blvd. Suite A Torrance, CA 90505 (800) 477-6291 — (310) 534-8188

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